



See/Hear/Love: As A Tree

October 15-19, 2025

a Laboratory for Facilitators & Space-Holders

Wednesday & Thursday 6:30-9:00 pm

Friday 12:30 - 5:30 pm

Saturday 10:00 - 5:30 pm

Sunday 10:00 - 5:30 pm

Outback Yoga Integrative Healing Arts Center

Chatsworth, California

There is a tradition in the movement arts: when we get to a certain level (inwardly found) of practice in the Arts, be it martial or dance, athletics or yoga, we are called to share the work. To call others into an environment that we create, with an intention to pass on the magical, transformative benefits that we have come to receive through regular, long-term practice.



In that Sharing, our own **Practice** is informed and deepened, and we are Gifted with a Way of **Service**.

“In a troubled time, the willingness to proceed like you’re needed is a radical act.”

-

Stephen Jenkinson

What if you have the power to create a Place of Refuge?

a Place of Rest
a Place of Safety
a Place of Orientation
a Place of Communion

You do.

First and last, with yourself.
From there, your Relatives.

Be Powerful.



As the so-called leaders of our dominant culture reveal that there are so few adults in the room, we invite you to be adult. "Adult" being one who owns their ability to respond to outward and inward circumstance, and willing to take action for the good of all concerned.

Medicine Dance is the art and craft of supporting solitude and inducing camaraderie

A prescription for these times

including the use of:

Breath and Ground
Stillness and Silence
Movement and Music
Each Other



With a continuously shifting constellation of partners, small groups and larger groups, every participant will have lots of time testing word, sound, music and presence (as well as other tools to be discovered) as ways of holding space to support Other(s) in:

Self-inquiry via the marriage of Mind's attention and Body's sensation

and

Finding safe, fun, impersonal and sometimes physically close approaches to relational work with an underlying belief that we have the capacity to expand our sense of self reliance and autonomy with the support of an other, while simultaneously allowing deep communion.



Money Matters

\$550 with non-refundable deposit (\$100) paid before August 15th, full balance before or on October 1st.

\$600 with non-refundable deposit (\$100) paid before September 15th, space-permitting with full balance before or on October 1st.

\$650 at last minute, space permitting, paid on or before October 15th.

Cancellation Policy: Full refund, less deposit, until 8 October, 2025.
No refund after October 8th.

Space is limited: first come, first served.

Interview with Fred required.

Questions (encouraged): fsugerman@medicinedance.com or 818.337.9614

Ready to go-for-it?: venmo Fred-Sugerman or PayPal fsugerman@yahoo.com

